

## Registration for Growing Health Conference and/or Evening Local Foods Tasting

Register online at  
[www.RuralHealthNetwork.org](http://www.RuralHealthNetwork.org)

Or mail this form to:  
 Rural Health Network of South Central NY  
 P.O. Box 416  
 Whitney Point, New York 13862

You can pay on-line or make a check out to the  
 Rural Health Network of SCNY

**Registration Deadline: Early Bird September 15. Regular Deadline: September 27, 2010**

Questions regarding registration? E-mail: [growinghealth@RuralHealthNetwork.org](mailto:growinghealth@RuralHealthNetwork.org)

I agree to have my name, address, phone and e-mail printed in the Conference Directory of Attendees

Please print. Feel free to make copies for more registrations.

Name	Last	First	
Title			
Organization			
Address 1			
Address 2			
City/State/Zip			
Telephone	Fax	E-mail	

### Thank you to our Sponsors for helping to keep rates affordable

Conference with Lunch	
Early bird discount before Sept. 15	\$80 _____
Registration after Sept. 15	\$90..._____
Evening Local Food, Wine & Beer Tasting	
Early bird discount before Sept. 15	\$30 _____
Tickets after Sept. 15	\$35..._____
Value Package: Conference with Lunch & Evening Local Food, Wine & Beer Tasting	
Early bird discount before Sept 15	\$99 _____
After Sept 15	\$115 _____

A limited number of partial scholarships are available on a first come, first served basis. The scholarship will cover all but \$25.00 of the event registration expense. Those awarded partial scholarships will be able to attend the conference and evening event for a \$25.00 registration fee.

### Got General Information?

Conference attendees can browse in the general information area. If you have flyers or brochures with information about farms, food or health, that you want to share with conference goers, please bring them to the conference! To share information, please call the Rural Health Network at 888.603.5973.

### CEU Credits for Registered Dietitians

Check here if you are a registered dietician and would like to earn 6 CEU credits by attending the conference.

**Overnight accommodations** are available at the Binghamton Regency at a discounted rate of \$84/night. Please call the Regency at 607.722.7575 to make your own arrangements, and let them know you are coming to Growing Health.

**Directions:** 225 Water Street  
 Binghamton, NY 13901-2704

### Please circle which workshop you prefer for each of the 3 concurrent sessions

	Track 1	Track 2	Track 3	Track 4
<b>Concurrent Session</b>	Farm to School	Navigating to Local Food & Health	Food Sovereignty: What is a Local Food Citizen?	Local Farms & Foods for Economic, Environmental & Community Health
<b>10:30 - Noon</b>	Creative Farm to School Initiatives	Inside the Legislative Chamber & Out in the Field: How Food Policies & Practices Impact Our Health	Live Local! Buy Local! Eat Local!	Economic Health through Agriculture
<b>2:15 – 3:45</b>	From Policy to Programs: National Scene & 1 State's creative approach to Farm to School	Put the Fork in Food Insecurity: Regional Food that Feeds the Hungry	Navigating to Local Food – A Map to Your Own Foodshed	Environmental Health through Agriculture
<b>4:00 – 5:30</b>	Farm to Institution: Success Stories From the Field	The Real Dirt on Healthy Soil Food & People	What's so special about pasture-based meats and poultry, organic food, raw milk and other things you may have never tried?	Community Health: Repairing damages from a broken food system